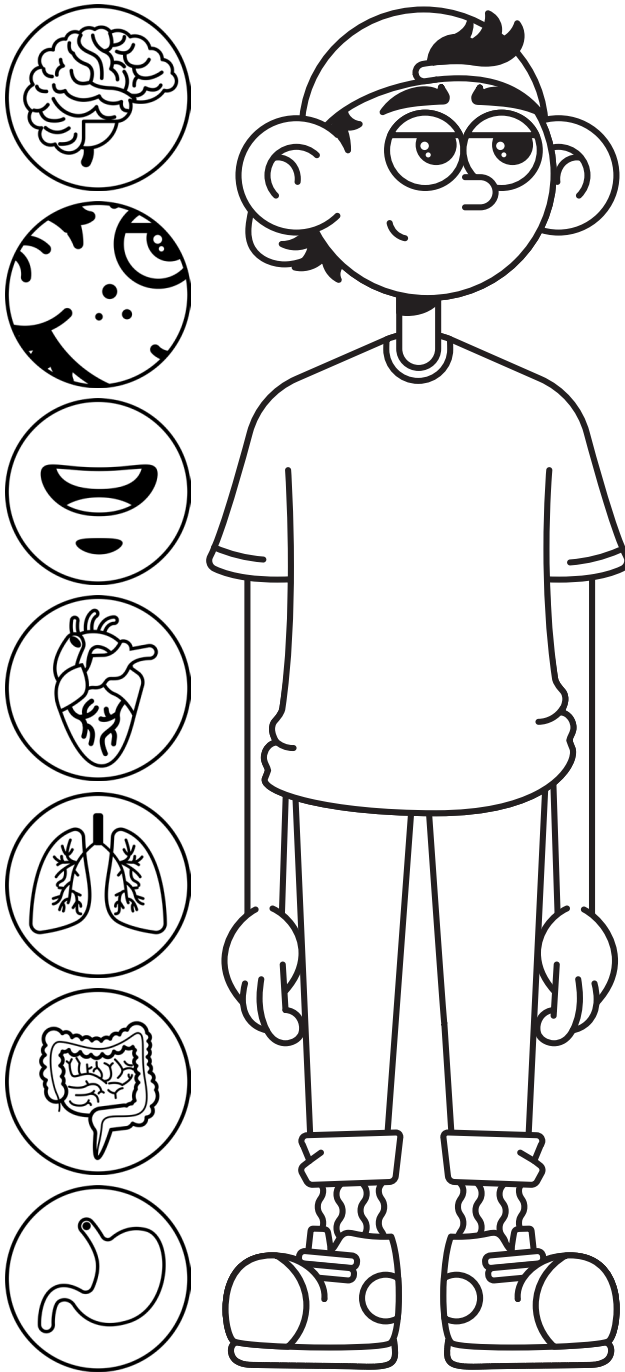


Vaping Isn't Worth It

Vaping and nicotine can have a harmful, long-lasting impact on your body. Read about nicotine's side effects below. Then, write the body part or system that's most affected.



1. Nicotine increases blood pressure and reduces circulation.

2. Vaping can cause difficulty breathing, persistent coughing, and wheezing.

3. Nicotine can harm your central nervous system, affecting mood, attention, and memory.

4. Nicotine can cause nausea, pain in the midsection, and a decrease in appetite.

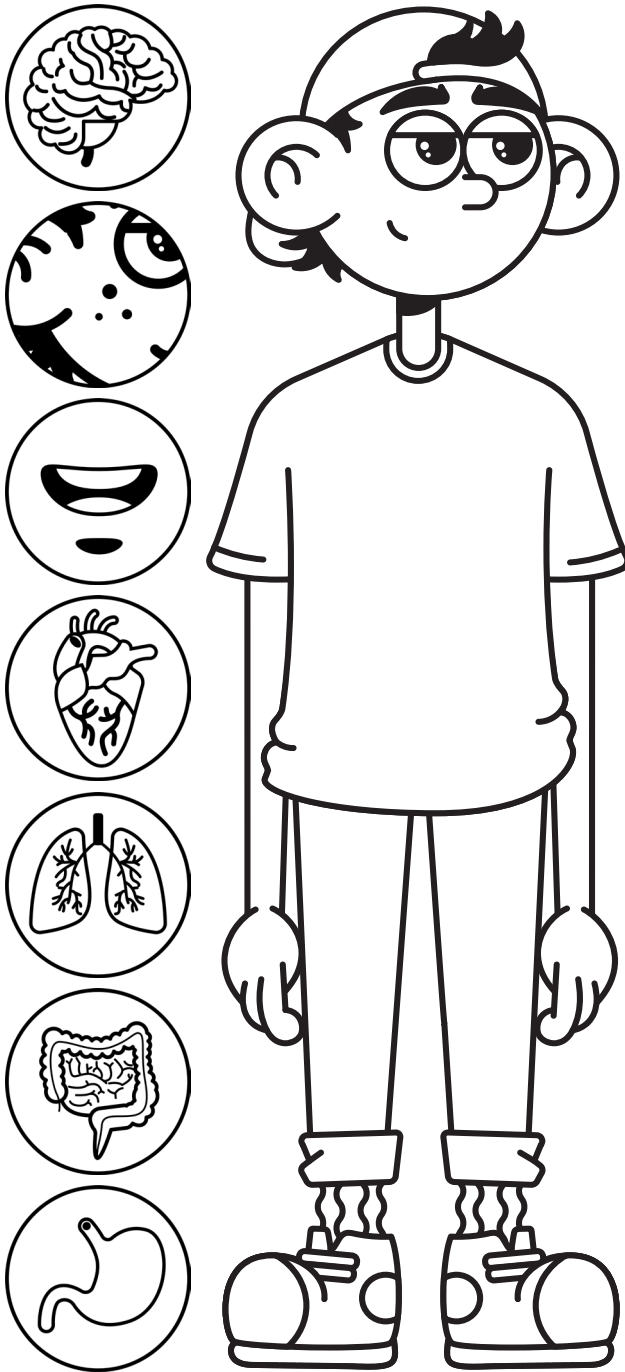
5. Nicotine can lead to premature aging, acne, and slow wound healing.

6. Nicotine can lead to yellow teeth, bad breath, and gingivitis.

7. Nicotine can cause bloating and constipation.

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1. Nicotine increases blood pressure and reduces circulation.

Heart

2. Vaping can cause difficulty breathing, persistent coughing, and wheezing.

Lungs

3. Nicotine can harm your central nervous system, affecting mood, attention, and memory.

Brain

4. Nicotine can cause nausea, pain in the midsection, and a decrease in appetite.

Stomach

5. Nicotine can lead to premature aging, acne, and slow wound healing.

Skin

6. Nicotine can lead to yellow teeth, bad breath, and gingivitis.

Mouth

7. Nicotine can cause bloating and constipation.

Intestines
