Name _____ Date _____

Vaping Will Cost You

Did you know vaping can cost you $300 or more each year? That's a lot of money that could be spent on things you really want or need. Take a moment to imagine something you've been dreaming about — maybe it's the latest gaming console, a new smartphone, stylish sneakers, or even saving for a car or college.

Now, think about this:

1. How much does it cost?
2. How long would it take you to save for it if you weren't spending money on vapes?
3. How would having this improve your life or bring you joy?
4. What other goals could you achieve with the money you'd save by not vaping?

In the space below, explain why investing in your dreams and future is a smarter choice than spending money on vaping. Consider both the short-term benefits (like having something cool you want) and the long-term advantages (such as better health and more savings for big future goals). Continue writing on the back if needed.